

Gym Membership Prices

September 2025

Health Club

Health Club Gym, Indoor Pool, Sauna, Steam Room, Jacuzzi, 3 Fitness Studios, 80+ Fitness Classes, Outdoor Swimming Lake and Assault Course.

	Annual	Monthly DD
Adult Fitness	£1039.00	£98.00
Joint Adult Fitness	£935.10	£88.20
Off-Peak Fitness (Mon-Fri)	£728.00	£68.00
Joint Off-Peak Fitness	£655.20	£61.20
Swimming Only	£879.00	£81.00
Joint Swimming Only	£790.10	£72.90
Colt Fitness (ages 16-20)	£738.00	£68.00
Junior Fitness (ages 13-15) *Must have Gym Induction	£270.00	£25.00
Child Swim (ages 5-12)	£186.00	£17.00

Add the Performance Centre to the Adult Health Club Membership for £15.00 per month or £160 per year

Performance Centre	Annual	Monthly DD
Gold (7 day access with Classes inc Hyrox)	£670.00	£62.00
Gold Joint	£603.00	£55.80
Silver (7 day access without Classes)	£437.00	£41.00
Silver Joint	£393.30	£36.90
Bronze (Off Peak Hours)	£352.00	£30.00
Bronze Joint	£316.80	£27.00

Additional Information:

- Admin fee of £25.00 per person on joining.
- Memberships free for under 5's with Adult Member.
- Children's Swim Times 08:00-10:00 & 16:00-18:00 daily.
- Swim Only Membership includes Aqua Aerobics Classes only.
- Off-Peak Members from 08:30-15:30 Monday Friday only.
- 1 full calender month notice on all cancellations.
- All prices are per person

BICESTER hotel and spa

membership.enquiries@bicesterhgs.com 01869 241 204



Member Benefits

Monthly Guest Pass to bring a friend or family member

Personal Gym Induction and 1-2-1 plan given to help you follow

Exclusive Member Events

Exclusive Members Fitness Workshops

10% off on Hotel Rooms

15% off Food and Beverages

20% off treatments within our spa Monday to Thursday

10% off Private Functions

10% off Conferences Bookings

Priority booking on social events



1 Hour Personal Training Sessions

1 x Session	£40
5 x Sessions	£185
10 x Sessions	£340
15 x Sessions	£475

1:1 Swimming Lessons

1 x Session	£23
5 x Sessions	£104
10 x Sessions	£189
15 x Sessions	£252

Appointments included in Membership*

1-2-1 appointment with a Personal Trainer upon joining Gym Review session, every 8 weeks

^{*}Included in gym memberships only